

To Whom It May Concern:

For several years I have been acquainted with Ms. Grell professionally, as well as through our common interests of both horses and behavior. Working with her professionally, I was very impressed by her integrity and her loyalty to all tasks that were assigned to her. As a Behavior Analyst in psychology and from a family of Behavior Analysts, it has always been my interest to understand and change behavior. When I became acquainted with Ms. Grell, I was impressed by the breadth of her knowledge of behavior through horse training. She and the horses that she worked with had obviously established a level of trust that I have never seen before. Whether working with people or animals, I can honestly say that Ms. Grell deeply understands the principles of behavior change through her love and her leadership. It is also true that Ms. Grell really opened my eyes to the natural side of horse training. Anyone would be well advised to listen and observe her interactions with horses! It's truly amazing.

Most people don't have horses that are wild and vicious. They have horses they don't understand and have no effective communication going on between themselves and their horses. Ms. Grell's approach is taken from the natural behavior of horses in a herd situation by taking the leadership role as a "lead mare" in the herd. She gains a horse's respect through movement, "if you can make the horse move, you are the "better" horse." She knows the patterns that psychologically influence horses to become calmer, more reliable and respectful when ridden through a process of understanding what horses need in their human as a leader, from the horses' point of view. She has been able to demonstrate how respect, impulsion and flexion come together to produce collection...naturally, developing savvy in the human and in the horse to create an ultimate partnership.

It is my pleasure to recommend Anja Grell as *Horse Trainer* to anyone who is seeking to establish a better relationship with their horse through understanding.

Sincerely,
Kristine Webb